

Health



Lake County, Ohio

Awareness Fair

Seasonal
flu shots
available

SPOUSES
WELCOME!

Blood Pressure, Blood Sugar and Total Cholesterol, HDL Screening, Ht, Wt, Waist and Hip Circumference, BMI and Personal Health Risk Report.

All participants will receive immediate results with one-on-one counseling and educational materials.

Your Health Risk Report will be mailed to your home address.

Screening takes approximately 15 minutes.

Blood sample is performed by the finger-stick method.

This is a non-fasting test.

You should take your medications at the usual times.



Lake Hospital System is now Lake Health.

Employees must participate in one of the following screenings to be eligible for a discount on their 2012 Medical Premium.

**PLEASE SCHEDULE YOUR FREE SCREENING BY CALLING
1-888-236-6600 STARTING SEPTEMBER 12TH.
DEADLINE 72 HOURS PRIOR TO EVENT**



Giveaways &
Drawings!

| DATE | LOCATION | TIME |
|----------------|------------------------------|----------|
| September 27th | Administration Assembly Room | 8-5pm |
| October 4th | Courthouse Annex | 8-4pm |
| October 6th | Sheriff's Department | 6-4pm |
| October 11th | Health District | 8-4pm |
| October 13th | Engineer's Office | 8-4pm |
| October 18th | Gary L. Kron WWT Plant | 8-2:30pm |
| October 20th | Job & Family Services | 8-4pm |
| October 25th | Juvenile Court | 8-4pm |
| October 27th | Administration Assembly Room | 8-4pm |